



The Nuts and Bolts of Sexual Health

More than just the plumbing

The Nuts and Bolts of Sexual Health

is FPWA's core sexual health training program. This three day course develops the fundamental knowledge, attitudes and skills required to support and educate people around sexual health issues. It has a particular focus on working with young people, including Aboriginal and CALD young people.

Participants will gain essential understanding and skills to work with young people in the areas of:

- Bodies, sex and reproduction
- Gender, power and diversity
- Relationships, pressure, negotiation and consent
- Pregnancy and contraception
- STIs, BBVs, drugs, safe sex and harm reduction

Participants will develop skills and strategies to help motivate positive choices and healthy behaviours, and to work respectfully with people with a wide range of attitudes and behaviours.

Nuts and Bolts provides a solid foundation for any further training in sexual health. It is an essential pre-requisite to the sexual health group work and education skills course that FPWA plans to offer in 2012.

Dates: Tue 29th - Thu 31st May 2012
Tue 31st Jul - Thu 2nd Aug 2012

Location: FPWA - 70 Roe Street
Northbridge WA 6003

Time: 9:00 am – 4:30 pm each day

Cost: \$395.00 (GST free)

Subsidies

Limited subsidies are available for eligible people working with Aboriginal communities. Contact Sonya for an application form.

This course is aligned with the Unit CHCCED311A (Provide sexual and reproductive health information to clients) in the Community Services Training Package. Contact Sonya if you wish to be assessed for this Unit of Competency.

FPWA reserves the right to cancel programs if there are insufficient enrolments.

Contact:

Sonya Arcidiacono FPWA Administrative Assistant | 08 9227 6177 | sonya.arcidiacono@fpwa.org.au

Nuts and Bolts is relevant for a wide range of people working in the community including:

- Youth Workers, Drug and Alcohol Workers and other Community Workers
- Health Workers, e.g. Aboriginal Health Workers, Health Promotion Officers and Nurses
- Peer Educators, Community Members
- People Working with Aboriginal or CaLD Communities

This program is delivered in partnership with Youth Affairs Council of WA (YACWA)

YACWA's Youth Educating Peers (YEP) Project aims to build capacity in the WA youth sector to identify and respond to young people's sexual health needs. Youth and community workers are encouraged to contact YACWA for support in designing and delivering youth sexual health peer based programs.

Contact: Rebecca Walker Project Manager YEP Project | 08 9227 5440 | yep@yacwa.org.au
www.yacwa.org.au

